



Bear Facts

The Weekly Newsletter of
Bethany Lutheran School
Long Beach, CA
www.bethanylutheran.org

Communication+Responsibility+Organization+Service+Sharing



FROM THE PRINCIPAL



It was great to see so many of our Bethany families at the Pumpkin Patch Carnival yesterday. I loved seeing our preschool families interacting with our dayschool families, and I especially loved seeing many of our Bethany graduates return to our campus for the event. Many thanks to all our hard-working PTL members and parents, to Mr. Gagan for the awesome karaoke, our Mission India team for the great food, and Mr. Felix Rivera for the cool pictures and video from years gone by. And of course, a big round of applause to Leesa Crippen for pulling it all together so well. And the best part? Your costume is ready for Friday and you won't be running around at the last minute! Woo-hoo!

Have you cut your jack-o-lantern for Friday? If not, consider using your carving time as a devotion with your kids. Remind them that, just like pumpkins, God picks us from the patch and brings us in and washes off all the dirt on the outside. Then He cuts off the top and takes all the yucky stuff out from inside. He removes all those seeds of doubt, hate, greed, etc. Then He gives us a new smiling face and puts His light inside to shine for all to see.

*Serving Him with you,
Mrs. Fink*

PTL News

We hope our school families and friends had a great time at the Pumpkin Patch Carnival. Thank you to everyone who donated candy and helped run the classroom booths. And... a special thank you to Leesa Crippen for all of her hard work running this fun-filled event for the second year in a row.

This week is **Red Ribbon Week** and we have some fun ways to show our "Say No to Drugs" spirit. Plan your wardrobe accordingly:

- Monday-Lei Off Drugs (Hawaiian Dress Day)
- Tuesday-Sock It to Drugs (Crazy Sock Day)
- Wednesday-Wear RED!!
- Thursday-Shade Out Drugs (Sunglasses Day)
- Friday-Friends Don't Let Friends Do Drugs (Twin Day)

Thank you to our Health & Safety Chairpersons, Chris D'Amico and Stacy Shourt for their efforts in getting our Bethany students pumped up for Red Ribbon Week.

Our students did some great artwork for the poster contest. Take a look around campus and see for yourself! The 10 winners' work is on display in the school office:

Troya Joseph, Hannah Johnson, Janelle Porter, Brett Rogers, Leslie Haan, Melissa Carlson, Ashlynn Clady, Sarah Black, Aaron Bowers and Melody Klaffke.

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DON'T FORGET

- ☺ Oct. 27-31: Red Ribbon Week
- ☺ Oct. 31: End Quarter 1
- ☺ Nov. 3: Meet the Masters-Monet
- ☺ Nov. 6-7: Minimum Days Parent Teacher Conferences
- ☺ Nov. 9: Bethany's Annual Thanksgiving Dinner
- ☺ Nov. 11: Veteran's Day-No School
- ☺ Nov. 13: Great American Shakeout Earthquake Drill
- ☺ Nov. 18-19: Christmas Store



Yikes! We need more mall receipts! If you haven't been turning them in, please consider doing so. It can lead to "free money" we can spend on items for the students.

The School Cents e-waste event has been pushed back to April, so hang on to those electronics until then so we can recycle them for points!

Cooks' All-Day Out!

Our next night out will be at Chick-Fil-A on Wednesday, Nov. 5 (next week!) Watch the Bear Facts for details!





The FISHin' Hole
Opportunities to Serve

Our tables in the library and the Multipurpose Room need their legs tightened. We also have a computer desk that needs some loving care. Are you handy with a wrench? If so, contact Mrs. Fink.

Troop 30 Needs Your Help for our Silver Award Project!

Please donate your old men's, women's and children's clothes, small appliances, old tennis shoes, diapers or money donations. (Checks can be made payable to Troop 30). You may put your donations into the box labeled "Grateful Hearts" located in the school office. Thank you for your support.



The Cub Scouts of the Fiery Phoenix Patrol are having a chocolate lollipop fundraiser. We will be selling the Halloween and fall lollipops after school next week Monday through Thursday. They are \$1.00 each. Thanks!

CONGRATULATIONS!

This year our monthly awards will have the book of Proverbs as a focus. For this month, we chose Proverbs 29:23:

"A man's pride brings him low, but a humble man gains honor."

Congratulations to the following students, chosen by their teachers for exemplifying this proverb:

Mayah Carlton, Joshua Onken, Sahana Oglesby, Joe Lucier, Kayla Roberts, Cody Graham, Brittany Bonilla, Seth Oglesby, Everett McIntire, Griffin Erickson, Brian Kung, Noelle Murray, Paul Delgado, and Adam Lopez.

8th Grade Fundraiser

The 8th grade class will be selling fresh, Noble Fir Christmas wreaths to raise funds for their DC trip. Look for their table in Freedom Square during the week after school. **THIS IS THE LAST WEEK TO ORDER!!** Thank you for supporting our kids!



The SCRIP Committee has adopted a new Non-Sufficient Funds policy, the new policy is as follows: "If a check is returned NSF, there will be a \$25 fee charged to the originator of the check. Repeat NSF's will result in "cash-only" SCRIP purchases for the remainder of the school year. In addition, uncollected SCRIP debts will be included with the school's uncollected debt policy." (From the Bethany Parent Handbook): School yearbooks will be held until all accounts are current.

Need some special Halloween treats? Bethany SCRIP has \$5 Starbucks cards on hand. We also have Baskin-Robbins (\$2), Coldstone (\$10), Jamba Juice (\$10), and Edwards/United Artist movie tickets (\$8).

Have a Healthy Halloween

Whatever your kids do to celebrate Halloween – trick or treating, parties, carnivals, pumpkin patch – they will come home with a lot of candy. As parents we make a lot of exceptions to limiting sweets with the numerous birthday parties, holidays, classroom parties, & snacks at scouts and sports. And with the rise in obesity, not to mention cavities, we really need to think twice about how much candy we let the kids eat, even on Halloween.

Here are some tips to control your children's consumption of treats:

- Don't buy Halloween candy too early, it's a temptation
- Serve a healthy snack or dinner before trick-or-treating
- Let them enjoy some candy that night, then put it out of sight
- Hand out alternatives to candy (pencils, stickers, tattoos, balls)
- Hand out pre-packaged non sugary treats (nuts, raisins, seeds)
- Divide up leftover candy in paper bags to be eaten a little at a time
- Throw away, or donate, remaining candy after two weeks
- Let them trade in their candy for something they've been wanting—a video game, book, movie, toy, etc.



Always inspect candy for safety, choking hazards, packages that appear tampered with or unwrapped, and be aware of ingredients if your child has allergies. —By Stacy Shourt, PTL Health and Safety Co-Chair