

Lutheran Social Services of Southern California
Long Beach and South Bay Area
1611 Pine Avenue
Long Beach, CA 90813
(562) 599-1321

Current Needs of Area Programs

Special Needs for Low-Income Seniors

- Canned food (low-sodium, low-fat, unsweetened)
- Slippers (S,M,L,XL)
- Hygiene Items (soap, toothpaste, shampoo, adult diapers: all sizes)
- Gloves and Sweaters (S,M,L,XL)
- Diabetic Food and Drink Supplies

Needed Items for our Comprehensive Emergency Assistance Program

- Soups: canned, cup or bowl
- Canned Meats: beef stew, Spam, chicken, ham
- Canned Seafood: tuna, salmon, sardines
- Canned goods with pop-top (Vienna sausages, meats, soups, vegetables, and main dishes)
- Vegetables: canned carrots, green beans, mixed vegetables, corn or peas
- Fruits: canned mixed fruit, pear, pear or pineapple
- Dry items: rice, pasta, beans, cereal
- Can openers
- Diapers: sizes 2, 3, 4, 5 and larger
- Hygiene items: soap, shampoo, conditioner, toothpaste, toothbrush
- Baby food: fruit, meat, vegetable (jars)
- Bibles and Christian Reading Material

Urgently Needed

- **Volunteers to pick-up and deliver food from the Long Beach Food Bank. Delivery Route begins and ends in Torrance. Volunteer schedule is from 8am-Noon on Mondays (some flexibility)**
- **Grocery plastic and paper bags (used or new)**

Volunteers Needed

- Weekly Maintenance and Clean-Up of Long Beach Center Service Buildings
- Volunteers to be available for emergency minor repairs and maintenance of LSS/SC Long Beach Center Service buildings.

Financial Contributions and Funding are greatly appreciated for all Area programs.